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ANNAUL REPORT 2012



DECEMBER2012

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Foreword

CAME Women and Girls Development Organisation (CAWOGIDO) is a community based African Diaspora organisation established in the UK with a guiding principle to improve the economic, political and social status of disadvantaged women and girls and young people through implementing activities in empowerment, advocacy and human rights and dedicated to improving the health and well-being of a variety of people from disadvantaged communities, Black and Minority Ethnic Groups, develop their potential and mobilise them to engage effectively in community development and regeneration activities both in the UK and abroad. I am proud to be a part of it.

CAWOGIDO draws on its wealth of experience to respond to today's problems. Dwindling resources and increased need of our beneficiaries, we responded by collaborating with other charities, with the Cameroon government and mainstream organisations to strengthened our skills and increase our resources. This success is thanks to the partnership of many. Permit me to express my appreciation to Prime Minister of Cameroon Mr Yang Philomone for appreciating our work.

I thank my fellow trustees and members of the CAWOGIDO whose efforts and commitments enable CAWOGIDO to fulfill its mission. I honor the more than 50 volunteers, members and non members and trustees who together help guide the organisation's work both here in the UK and in Cameroon

CAWOGIDO takes pride in having dedicated members and volunteers some serving as Board members providing a wide range of voluntary services. Their contribution is strength of our organisation. They are the stewards and leaders of the services valued by our diverse communities both in London and in Cameroon. Through their collective acts and deeds, we are building women into a caring and dedicated diaspora group

CAWOGIDO key strengths are attributed to its solid policies, commitment and dedication to service, volunteerism to contributing to international development, and visionary leadership.

We have established good credibility that has built trust and confidence - which not only strengthens members' moral, but enables CAWOGIDO to gain resources and to be more effective in its programmes and projects

Among the key challenges for the year included; Lack of funding for planned activities, High expectation by members for financial support, High competition for resources among charities, and to sum it all, I am grateful to all our funders and supporters in this time of difficulties

I continue to be inspired by CAWOGIDO unflagging dedication. I encourage you to read these report, learn more about CAWOGIDO's work and join us to provide help and create hope for our women and young people in need.

With warmest regards,

MARGARET NYUYDZEWIRA
CHAIR

CAME Women and Girls Development Organisation
December 2012

Executive Summary

Came Women and Girls Development Organisation has an ambitious programme, set out in the Strategic Plan 2013 – 2015, to develop and widen the scope of the valuable work that has been done since it was formed in 2008. Additional funds are required to meet the demands of the Strategic Plan and ongoing commitments. Our Fundraising & Marketing Strategy sets this year will raise the resources that we require. The organisation's current project costs are £27,000 per year but the new work we are planning will increase that expenditure to £50,000. It is our goal to raise that amount each year, and the Fundraising and Marketing Strategy describes how we will achieve that goal. We will produce a fundraising brochure in mid 2013 to appeal to charitable trusts and foundations.

This year we have laid a strong foundation, so hopefully we will be able to see this work beginning to come to fruition next year, though some income streams such as from legacies may take longer to come through. CAWOGIDO now has a clear vision of its future direction expressed in its Strategic Plan 2013– 2015. There is every likelihood that people and organisations that want to give to charities that are committed to making a difference will be impressed by the direction in which CAWOGIDO is going

CAME Women and Girls Development Organisation (CAWOGIDO) provided an opportunity to respond to the needs of our beneficiaries through advocacy, consultative forums, capacity building trainings, participation in technical working groups and community trainings, development of a minimum package for women and girls and establishment of a programme that addresses the health needs in the context of breast ironing. 2012 was also a year of making international work a top priority. CAWOGIDO works internationally to support women's communities and women's groups in Cameroon to reduce the impact of poverty through the strengthening of farming skills and entrepreneurial skills and to meet the challenges of HIV/AIDS and related health issues through community systems strengthening. As a linking organization for Cameroonian women in the diaspora, CAWOGIDO supports joint action on breast ironing at the community level and has committed to developing mechanisms to help Cameroonians in the diaspora work together to achieve the shared goal of gender equality and women empowerment.

We have been working with young people in London in various activities but the Sports fun days was the first opportunity we have had to bring all the young people we work with in Ealing together and the event gave them an opportunity to meet up and start to break down barriers. We now have a clear vision of tackling inequality and this event is part of the journey in achieving this vision. Our project funded by Big Lottery has maximised education, apprenticeship, training and employment by a practical means of development of information and skills of Young people

Thanks to everyone, trustees, volunteers, beneficiaries and all our funders and partners and best wishes during 2013 and beyond.

BACKGROUND INFORMATION

CAWOGIDO is one of the few organizations in the UK involved in the implementation of various activities that promotes the well-being and basic rights of African women and girls. The organization supports efforts that empower women within their cultural traditions. We value the strengths and dignity of women and affirm their right to benefit both economically and socially. Our work with young people in the UK is more of promoting volunteering, education, sports, apprenticeship, training and employment by a practical means of development of information and skills including counseling and mentorship

Our Vision

CAWOGIDO envisages a world in which women and girls, young people are able to enjoy the highest level of health and social well-being and are accorded their human rights, dignity, equality, justice and freedom from all forms of discrimination and violence.

Objectives

- Promote good health practices and effective health development activities and the efficient application of resources for charitable purposes for the benefit of women and girls by associating them in a common effort.
- Develop women's physical, mental and financial capacities with particular emphasis on poverty alleviation by supporting and strengthening their skills in enterprising and by ensuring that women's voice, concerns and issues are represented wherever it is most appropriate. Build up life vocational skills and entrepreneurial skills among young people who have fallen through the safety net of academic system that would enable them face the problems of unemployment, poverty, drug, crime, alcohol, prostitution, social exclusion and moral degradation.
- Improve living conditions of poor women and fighting against trafficking and sexual exploitation of refugee women and girls
- Promote women's and girl's sexual and reproductive health through education, advocacy and capacity building especially on matters related to teenage pregnancy, Sexually Transmitted Infections and HIV/AIDS.
- Contribute to preventing violence among women and girls, in particular rape, breast ironing, FGM, child marriage and related reproductive health issues

Our Philosophy

CAWOGIDO recognizes that poor health of women's and girls' and their inequitable access to health provision, adversely impact on the socio-economic development of women and girls and continues to contribute to poverty.. CAWOGIDO therefore adopts a holistic view which requires a multi-sectoral strategy for the implementation of health, education, economic development and socio-economic programmes. By working with individual women, girls and youth within communities at the local grassroots level, and with community-based organisations, statutory groups, governments and other members of civil

society at local, national and international levels, CAWOGIDO seeks to create a better understanding of the multiplicity of issues that impact on the health and well-being of women and girls

Our Mission:

Our mission statement is to continue to support women and girls with a commitment to providing and promoting leadership, collaboration and enhancing capacity among members and volunteers for collective action towards effective responses to women issues and its impact.

CAWOGIDO recognises that poor health of women and their inequitable access to health provision, adversely impact on the socio-economic development of diaspora women's organisations in the UK and continues to contribute to poverty..

CAWOGIDO therefore adopts a holistic view to promote gender equality, stimulate local economies and empower women to become active, involved and powerful change makers.

CAWOGIDO seeks to create a better understanding of the multiplicity of issues that impact on the health and well-being of women and girls from disadvantaged communities, Black and Minority Ethnic groups

CORE VALUES:

To work towards the realization of her goals, CAWOGIDO adheres to a set of core values that offer guidance and foster a sense of purpose and direction. The core values that have been guiding principles for CAWOGIDO are:

Ownership; Quality and equitable provision and common values are shared,

Accountability; Ensuring and maintaining credibility, reliability, integrity

Commitment; the highest degree of Solidarity and collective action by all at all time

Transparency; Genuine representation of members' and transparency in all operations

Trust; building trust between the funders, stakeholders and beneficiaries

Efficiency; Active participation, involvement of members, government and stakeholders

Strategic goals that governed CAWOGIDO's operations from 2011-2013.

1. Ensure efficient functioning of leadership and management structures- Governance
2. Improving infrastructure and systems and people performance and productivity- Staff through capacity building.
3. Effective and efficient management of funds, finance policies and systems- Finance management and effective accounting
4. Increase visibility and profile of the organisation and information resources-
5. Secure sustainable resources to implement strategic plan- Fund raising
6. Strengthen and consolidate – Training on education, breast ironing, HIV/AIDS, poverty, gender issues and prevention of gender based violence
7. Strengthen women, girls and youth action and leadership - Enhance vocational skills, employment skills and entrepreneurial skills of women in sewing.
8. Mobilizing and engaging women, girls and young people in volunteering

In implementing the eight key strategies goals that governed CAWOGIDO's operations 2011-2013, CAWOGIDO focused on all eight strategies with greater involvement in health, education and poverty, and targeting women, girls and young people.

ACTIVITIES IMPLEMENTED IN 2012 were as follows:

Breast ironing activities

CAWOGIDO planned and implemented the following breast ironing activities in 2012.

- A project coordinator was recruited among the trustees,
- 10 volunteers recruited among CAWOGIDO members and were trained to assist in the sensitisation campaign which has helped us to increase our activities in London
- 28 Sensitisation campaign held
- We have established and contributed towards strengthening networks or partnerships of organisations and individuals committed to working to prevent breast ironing. They include women resource centre, African women network, Ealing women's forum, diapora volunteering alliance, FORWARD, Ealing council, Ealing Equality council and Ealing Community and Voluntary Services, NSPCC, The Met Police, Eaves for women Project , Violence Against Women and Girls Project, BBC world service, Resonance Radio Fm, Integrated Domestic Abuse Programme, Community Safety Partnership Unit, Islington Council, Ealing Safeguarding Children Board, The Tavistock and Portman NHS Foundation Trust, Pre-school Learning Alliance, Haven Camberwell/ New Entrant Nurse, Centre for Early Years Childcare
- CAWOGIDO have made progress with engaging with 15 mainstreams organisations in London and has started a conversation about breast ironing, to develop a multi-agency approach to educate and protect victims, whilst promoting health and women's rights.
- One to one support to affected women and girls has been offered to 3 families. This ranges from referring them to appropriate support services; or providing them with further information or counselling
- We have hosted 2 workshops, 32 group discussions and 1 conference These events aim to raise awareness about breast ironing and boost people's confidence to speak out about and breast ironing, and provide a safe and sociable space for people to talk about breast ironing.
- A large number of printed materials (posters, leaflets and information packs) have been designed, printed and distributed across London,
- CAWOGIDO has developed effective ways of conducting grassroots community-based prevention work. This has involved taking the time to find out where Cameroonians and African people from affected communities meet in gaining their trust and setting up informal discussion groups. This process has led to the of 4 identification of community advocates or groups of young people who spontaneously wish to take forward the breast ironing prevention agenda: as a volunteer

The project made a huge difference. The Project have monitored the impact that their workshops and group sensitisation sessions are having on levels of awareness and attitudes to breast ironing by interviewing participants, requesting feedback, and noting down remarks and opinions expressed.

We realised that information on the health risks of breast ironing is readily absorbed and accepted, and the vast majority of people we engage with are opposed to breast ironing by recognising the harm it causes.

Awareness about the UK law which there is none

A number of interesting initiatives have emerged which allow the voices of affected women and girls to emerge and speak out about breast ironing, their confidence to speak out about breast ironing has increased.

The capacity of community organisations to work on this issue is growing, especially after the conference. Some project social workers' confidence has increased simply through their interest to work in the community, and through the positive feedback. I have established relationship with the social services and the Met. Police child investigation command

Monitoring and evaluation (M&E) information has improved considerably

Networking and coordination has strengthened considerably with groups being connected to the initiative and wants to work.

WOMEN AND GIRLS SEWING SOCIAL ENTERPRISE WORK WITH SELAMO FOUNDATION FROM CAMEROON

African women refugees are among the most vulnerable women here in the UK and faced with poverty and unemployment and with the new reforms of the social system, many will be struggling. While CAME Women and Girls Development Organisation is doing its best to serve these women, there is a strong demand for enhanced services and enforcement of the capacity for this group in particular. Being from the diaspora, they lack networks and Diaspora communities to provide support in their transition to their new lives and integration. CAWOGIDO fosters self-sufficiency among newly arrived African women by addressing issues of concern and providing services that help with this adjustment.

Over 20 women have been resettled in London since 2008. Many are rebuilding their lives through community based organizations and sustainable income generating activities. As part of this effort, and with particular emphasis on women's and gender issues, presently CAWOGIDO have begun a sewing group! women are knitting scarves with the aspiration of selling them for a sustainable income in the future. After successfully learning many techniques and completing their first scarf, the women are eager to produce more and requesting to learn new skills in sewing dresses for business purpose which will be a self employment project and at the same a means of generating income!

This year we will be looking for funding to support women in Ealing:

- Weaving of table mats, pot holders and aprons
- Bead Making, bangles and necklaces
- Dress Making & Pattern Grading
- Arts & Culture
- Pottery and Gardening
- Catering
- Table laying and Table waiting

Your financial and material support will go directly to tangible and empowering projects within the African women community. Any sewing, knitting or crocheting donations (yarn, knitting needles, sewing machine and thread, looms, etc.) would be greatly appreciated. For more information, or to make your donation today, please contact cawogido@yahoo.co.uk. Pictures of these beautiful and life-changing projects to come!!!

Other achievements, We strengthened community engagement and facilitated the work of community members to safeguard the rights of girls at risk of breast ironing and ensure the provision of information and support for women and girls.

We have worked with African and the Cameroonian community to promote health and rights of women and girls from breast ironing with our communities.

The girls and volunteers from our organisation have been trained and empowered to become advocates for change.

Victims of breast ironing who are members of CAME Women are giving testimonies to the public

The media has become a useful tool for promotion of breast ironing especially the BBC world service, Resonance Radio Fm

This project will provided skills building, mentorship and information to help them advocate for change

Lessons learned from the breast ironing work. As a Diaspora African woman in the UK, We have a huge role that we can play in mobilizing action among African women and girls in the Diaspora to be part of this change and CAWOGIDO initiated a consultation in March to start to engage African young women in the UK on breast ironing issues.

The changes for women can only be realised if people are engaged with the process.

We are positive that African women in the Diaspora can be mobilized to play a crucial role in the attainment of this agenda and this is really a challenge for us at CAWOGIDO.

Awareness is, indeed, paramount. Just like female genital mutilation, we have to stand tall and override tradition in favour of protecting young girls.

Just like female genital mutilation, breast ironing is considered a tradition - part of our culture, and for this reason some people are not ready to stop the practice.

Limited Resources to implement unforeseen requests for trainings and awareness sessions from mainstreams organisation

Very high expectations from us, request for information, request from the media and from the public is huge, we really underestimated the project

There is current need for trainings. We have received requests from NSPCC, the Ealing social services and Community Safety Partnership Unit, Islington Council

COMIC RELIEF GRANTS FOR RESEARCH CONSULTATION AND PLANNING

Positive Vision and CENDEP with the support of Came Women and Girls Development Organisation, held several meetings with women's groups and local authorities provincial administration to discuss the issues affecting women and to identify how to address them. These meetings highlighted poverty among women due to lack of livelihood opportunities. Poor food production, lack of economic opportunities, illiteracy, lack of available markets for crops are clearly associated with poverty. The needs identified were trainings, access to credit and livelihood opportunities, improved markets for food and storage. All information gathered supported the current picture of women living in poverty of which we were able to use what we heard and saw to present the application

A one year grant was offered to carry out research, consultation and planning as from January 2013. To research, evaluate current women and poverty issues, providing current causes of poverty and provides problems raised by beneficiaries and possible suggestions for solving the problems

At the end will be an elaborated strategic plan to reduce poverty among rural farming women in Cameroon and the outputs that will enable this project to accomplish the desired outcome which should be:

An information base on gender issues and poverty is established;

An analysis of constraints and opportunities is conducted;

Interventions needed to promote and empower women to fully participate in poverty reduction is analysed. Methodology and Key Activities:

Through our research, consultation and planning , We will like to know how to effectively mobilise communities, government and resources, create, engage all to built and sustain a network that is committed and ready to work for poverty reduction among women. And how best to help women farmers access the resources they need to grow food and other crops - such as land and water, fertilizers and seeds, and credit and training – which is crucial to ending hunger, improving child nutrition, and helping poor economies grow.

Young people in Cameroon are also facing these challenges and Youth Development Centres are now promoting education, training and life skills for unemployed youth and children living in poverty. They advocate and influence policies on children's concerns and, cultural and social issues on youth and children's rights, and provide support to vulnerable youth and children to access basic education and employment. They help identify and recruit vulnerable unemployed youth, support training and advocacy for jobs and employment. In Bamenda, Oku, Jakiri, Nkar and Limbe women empowerment centers are committed to ensure that they act as a focal point and a platform for women empowerment.

VSO FUNDED CAPACITY BUILDING IN FUNDRAISING

A training to build the capacity of CAME Women through an understanding of grant fundraising and developed professional fundraising skills and effectiveness. The training consisted of 2 days training where we viewed the slides and listened to the trainer, followed by a 30-minute Q&A sessions. This training was supported by extensive additional materials for us to use after the seminar

The second

training was to guide us in developing our fundraising strategy. This capacity building training provided 10 Came Women members and volunteers with the fund raising concepts needed to: understand how to evaluate organisation's existing fund raising pitfalls / weaknesses and how to develop and strengthen new fund raising strategies for our organisation and increase our organisation funding sources and funds for our activities to address in particular Women's and Girls' issues.

Participants were taught how to:

- Plan and develop organisations fundraising strategies and project grants strategies
- Set realistic funding goals and objectives through the involvement of all members and volunteers, this was done through practical sessions.
- We acquired skills on project writing and proposal development
- Reviewed funding proposals, and in the process, learn key features that made proposals successful.
- Finally, participants worked on proposals brought to the workshop and received one-to-one advice and reviews from the workshop trainers

Briefing on using social media for fund raising and organising fundraising events and walks

FUNDRAISING AND MARKETING STRATEGY 2013 – 2015

Aims of this Fundraising Strategy

We believe that we can gain financial support from a number of Livery companies and raise £5,000 pa from this source.

We hope to raise another £40,000 from new and existing grant-making trusts. Grant-making trusts, sometimes known as foundations, are independent grant-making bodies. They get their income from investments or through their own fundraising. They are set up specifically to give money for charitable purposes and for community benefit.

There are currently nearly 9,000 of them in the UK, giving over £2 billion a year. Trusts come in all shapes and sizes, founded for a variety of reasons, with different social and political perspectives and with different approaches to their grant-making. Many trusts will not be interested in funding CAME Women and Girls Development Organisation, but there are plenty who will be.

We will conduct careful research with those trusts that are worth approaching, to investigate what aspects of our work they will be interested in, the size of their current grants budget, their criteria, they area of benefit and the range of their grants.

Most trusts say that they receive far more applications than they can possibly support – but not enough good ones.

Many applications before were circular letters sent to a large number of trusts without being tailored to the trust's particular interests and priorities. These were generally rejected on sight. The key to success in our current strategy will be to make sure that each application sent is relevant to the particular trust and that an appropriate amount is requested.

For us to succeed in our fundraising strategy from trusts it will involve us identifying suitable trusts, finding out as much as we can about them, trying to get them interested in our work even before we approach them for money, finding an aspect of our work that they will want to support, and persuading them to support us.

We will be more pro-active with legacy marketing by focusing presentations and by sending out a new marketing leaflet.

We also intend to develop new fundraising partnerships with companies that have an interest in corporate social responsibility. The aim of these partnerships is to raise funds (payroll giving, sponsorship, charity of the year) and create opportunities for companies to get involved with CAWOGIDO. We anticipate an income of around £1,000 from companies.

Aims & Objectives:

The aim of this Fundraising and Marketing Strategy is to set out how CAME Women and Girls Development Organisation will raise up to £50,000 a year. It sets fundraising objectives and includes action plan showing how fundraising targets will be achieved. The Fundraising and Marketing Strategy plan highlights six key objectives and the activities required to meet those objectives.

The objectives are to:

1. Raise £40,000 from Livery companies, trusts and foundations, and businesses
2. Create a wider constituency for CAWOGIDO
3. Increase the number of individual supporters and increase income from them
4. Secure £3,000 from statutory organisations
5. Raise £4,000 from events such as our annual conference, carboots and trainings
6. Increase awareness of CAWOGIDO and thereby increase the willingness of those contacted to donate money through events and other marketing activities
7. Create a membership structure for which a higher fee can be charged.

Capacity building to CAWOGIDO members for resource mobilization...Free trainings from VSO, WOMEN RESOURCE CENTER, AND EALING COMMUNITY SERVICES

- Participation forums to lobby for increased resources CAWOGIDO continued to support members to access resources. This was done in London through the Women
- Resource centre, VSO, sponsors, members and friends. Some of the organizations that have benefited through this process include positive vision in Cameroon, Bulu blind in Buea, the dioceses of Kumbo, Selamo foundation in Limbe, and CAWOGIDO
- CAWOGIDO has also been able to support youth groups and women's groups in Jakiri sub division to access resources through our Cameroon support programme

HEATHROW COMMUNITY FUND PROJECT (Olympic and Paralympic Games)

The Olympic and Paralympic Games are the biggest sporting events in the world and they have come to London in 2012. This was an exciting time and an excellent opportunity for us to use the Olympics to promote Games and sports and to inspire young people in EALING to get involved in sports and community development. The London 2012 Olympic and Paralympic Games provided our organisation with the inspiration and focus has changed the way many young people in Ealing think about sports. Our aim was to help inspire and encourage young people to take part in sport and develop life long values by using the Olympic and Paralympic Games as a catalyst. Our Olympic Fun Days were in a chosen play ground in Perivale for all the participants from Greenford, Northolt and Perivale and our visitors. The inspiration for having an Olympic Fun Days was for a variety of reasons. We wanted to have an Enrichment Day, a day to enhance and encourage values, a friendship day to bring children from all diverse background together, a Team Building Day and a day to prepare young people in Ealing for the London 2012 Olympic and Paralympic Games and beyond.

WHY OUR ORGANISATION WAS INVOLVE IN THE OLYMPICS

We believe London 2012 Olympic and Paralympic Games will encourage those who are disengaged from sport to participate and really enjoy something different. It provided youth with opportunities to be physically active, which in turn can lead to improved physical health. There were opportunities to learn important life skills such as cooperation, discipline, leadership, and self-control. We were critical for the learning of motor skills; that serve as a foundation for future national sport stars and recreational adult sport participants. We brought together young people of different backgrounds and provided inspiration for them during the Olympics to build stronger communities

The knowledge of the London 2012 Olympic Games & Paralympic Games was relatively low in the minds of young people and the participation of young people in Ealing in sports during the Olympics. Young people were excited by the nature of the fun days, as well as the novelty of Olympic sporting events. Since these young people were aware that the Olympic Games & Paralympic Games will take place in London, they became much more engaged with the Olympic fun days as a concept, focusing on the excitement and 'buzz' of London 2012 Olympic Games & Paralympic Games bringing together so many countries and, more specifically, the potential for young people themselves to experience this at close hand. The Olympic fun days that we organized was a success of which they can be proud

Overall, young people are positive about the overall range of activities, which they interpret as catering for everyone, in terms of representing a variety of different activity types and providing opportunities across the confidence spectrum. They perceive that the range has been designed to develop their interests, confidence levels and self-esteem

PROJECT ACHIEVEMENTS AND EXPECTATIONS

The project provided experienced coach and facilitators to help make connections and develop relationships with these young people. Our aim was to ensure that they are supported to engage in leadership programmes and learn new and valuable skills. The Sports fun days was an opportunity for these young people to come together to share experiences and begin to develop an understanding and acceptance of other traditions and cultures.

It also provided a chance to try new sporting skills such as, Volleyball, and a whole range of alternative games, focusing on having fun through learning to help develop relationships. 50 Young people attended on the 1st fun day and 31 on the second.



CAPACITY BUILDING FOR WOMEN TO USE COMPUTERS AND THE INTERNET

We have been working with young people in various activities but the Sports fun days was the first opportunity we have had to bring all the young people we work with in Ealing together and the event gave them an opportunity to meet up and start to break down barriers. We now have a clear vision of tackling racism and this event is part of the journey in achieving this vision.

Despite increasing pressures on volunteers, the 'social benefits' derived from volunteering are dominant, with the related concepts of 'enjoyment' and 'giving something back

ORGANISATION ACHIEVEMENTS IN 2012

Networking support: The media reports from Women's radio in Acton West London on CAWOGIDO's work have also risen. The promotion of CAWOGIDO's work has not only increased communities understanding CAWOGIDO, but build organisations working with local organisations, Ealing council and Ealing

Confidently we would say that through Ealing CVS support, CAWOGIDO engagement with women populations and high risk groups such as prostitutes in Southall Broadway have become more energised.

Members and volunteers contributions are now more responsive to key population needs and interactions during other CAWOGIDO and other stakeholders' forums have been more visible. The groups working within these populations are now more visible and willing to share out their information with others.

After the October conference in 2012, there has been increased engagement in programming in breast ironing among Cameroonians which made CAWOGIDO a referral point for capacity building, information and advocacy work for breast ironing. As a result, awareness of the issue and open discussions of strategies to stop it has remarkably increased both within and outside the Cameroonian communities in London

We have achieved new and innovative ideas of empowering young people and women, empowering families and empowering communities. We have experience gained through our various projects empowering young people economically and socially as they were empowered to take centre stage in their education, welfare and job hunt by working with young people in Greenford, Northolt and Perivale where there is high rate of unemployment in the London borough of Ealing.

Since we received the NLDC grant, it has enabled us to continue on a growth and organisational development path, including an expansion of our volunteer work force and capacity building for our members and knowledge upgrade on HIV/AIDS and sexual health.

CAWOGIDO has updated her website to better meet members and user needs. The website has been used locally and internationally as a source of information on Women's reproductive health. CAWOGIDO's website is quickly becoming a sharing and communication tool, not only among member organizations, but also to other interested parties worldwide

CAWOGIDO takes pride in having dedicated members and volunteers some serving as Board members providing a wide range of voluntary services. Their contribution is a strength of our organisation. They are the stewards and leaders of the services valued by our diversified communities both in London and in Cameroon. Through their collective acts and deeds, we are building women into a caring and dedicated diaspora group

CAWOGIDO key strengths is attributed to its solid policies, commitment and dedication to service, volunteerism to contributing to international development, and visionary leadership.

We have established good credibility that has built trust and confidence - which not only strengthens members moral, but enables CAWOGIDO to gain resources and to be more effective in its programmes and projects

CHALLENGES

Among the key challenges for the year included; Lack of funding for planned activities, High expectation by members for financial support, High competition for resources among charities, Global economic crisis which made the G8 countries reduce resource allocation for the health sector globally

What we are currently doing in Ealing, London and Cameroon:

EALING

- Identifying the training needs of people from disadvantaged communities, Black and Minority Ethnic groups,

- Empowering and building the capacities of disadvantaged youths and women on sexual health,
- Supporting women to participate in sports
- Providing support for apprenticeship in sewing for women to be self employed.
- Organising training and basic skill development for young people and women to stay in education.
- Promote volunteering as part of the community development. Encourage refugee leaders from the BAME communities to become mentors and positive role models to young people in their community through our recycling activity where we have trained young people
- Providing Advisory, Career guidance and Counselling services on education
- Engaging in Youth in volunteering and Development projects especially the project we are currently implementing on sports
- Fundraising

LONDON

- Organising Conferences, workshops, Seminars, Events, on health education and health prevention
- Prevention of Gender Based Violence
- Organising sensitisation campaigns for crime prevention and assistance for ex prisoners to re-enter the community
- Partnership and Networking
- Fundraising
- **CAMEROON**
- Participate in International projects in partnership with other organisations
- Fundraising

SUPPORT US

Your Donations will make a Difference

We would like to thank the many individual donors who continue to support our mission. It is your generous contributions that enable us to make a difference in the lives of so many women, girls and young people. Considering the number of people affected by the devastations of poverty and disease, much more effort is warranted. It is evident that, any fund donated to the organization would be very useful. The organization accounting plan follows the normal accounting procedures and are open to scrutiny by the Board of Directors, Donors/sponsors and external Auditors. Project reports and financial reports would be available to all our supporters. In case any of the supporter wishes to supply the organization with a method for reporting on a particular project funded by them, it would be highly welcomed.

How to Donate:

Send your cheque to:

Came women and Girls Development Organisation,
26 Uneeda drive, Greenford, LONDON, UB6 8QB

Bank Transfer to:

Bank Details: NATIONWIDE

Account Name:	CAME WOMEN AND GIRLS DEVELOPMENT ORGANISATION
Account Number:	33333334
Sort Code:	07-00-93
Building society Number	0293-704079230

Fundraise for us

There are many fun and easy ways in which can support our work. [Find out what you can do....](#) There are many ways in which you can raise money to support DARF and help us stop FGM in Scotland.

- Raise money as you search and shop online
- Take part in a sporting event and raise sponsorship for us
- Organise your own fundraiser on behalf of CAME

Board Members CAWOGIDO

Our Organisation Team Members: 2012

O	NAME	Position Held	Responsible For
1	Margaret Nyuydzewira	Trustee / Chair	Director / Fund raising/ Policy Officer
2	Geraldine Yenwo	Trustee / <i>Treasurer</i>	African programme / Training Coordinator
3	Betty Kemngang,	Trustee / <i>Secretary</i>	<i>Administrator</i> / Volunteer coordinator
4	Meredith Ashire	Trustee	<i>Programme Manager</i> / Advocacy and Campaign coordinator
5	Francesca Tanyi	Trustee	<i>Publicity and communication</i>
6	Celine Nzinguin	Trustee	<i>Public Relations Officer</i>
7	Mary Stella Aza	Trustee	Resource Mobilisation

8	Christina Achu	Trustee	Marketing coordinator /Community worker
9	Irene Tamanjong	Trustee	Event coordinator
10	Josephine Somo Ashire	Trustee	Adviser

VOLUNTEERS/MEMBERS,

Liferter Javnyuy Patricia Nana Bernadette Fonyuy Tientheu Abena Armande Barallon Donald Yelan Christiana Mbi	Gladys Njiti Berinyuy <i>Simanka</i> <i>Celia Haper</i> Agnes Fugsang
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Membership is open to all interested Cameroonian Women and girls who are able to register and pay their dues

Volunteers Non members:

Mohamed Omar	Evelyn Yilan
Birmad Ibrahim	Ngwafor Kiven
Elizabeth Mofola	Mpollo Amandine
Aldo Berhami	Rev. Father Paul Verla
Nicole Paercey	Oscar Sahla
Derek shemlon	Cyprain Mengjo
Dennis Jr Nyuydzewira	Paschal Chem-Langhee
Massey Njiti	Nytumpnyuy Yenwo

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The Diaspora and all other stakeholders including member organizations that helped in one way or the other for the achievement of the 2012 CAWOGIDO's objectives.

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Our Partners :

The Cameroon Prime Minister's Office
The Millennium Group, London UK
Cameroon Forum, London UK
Women Resource Center, London UK
New World Rescue Home – Douala Cameroon - mou
Positive Vision – Bamenda Cameroon - mou
Ealing community Voluntary Services
Ealing Women's Forum
The Wilde Foundation , London UK
African Foundation stone, Chingford, London - mou
GNP – Northolt, London
Ealing Refuge Center
Ealing Youth Forum
Ealing equality council,
Ealing ECN
Ealing council
African Foundation for Development (AFFORD), London UK

Association for women's Right in Development (AWID)
SELAMO Foundation, Limbe, Cameroon
CENDEP Limbe , Cameroon - mou
Cameroon High Commission, London UK,
Foundation for women's health and research, London UK
Volunteer service Overseas (VSO) , London UK
Diaspora Volunteering Alliance, London UK